

PROGRAM ON PREVENTION AND HEALTH PROMOTION ACTIVITIES FOR PRIMARY CARE (PAPPS)

Objective: To integrate the promotion and prevention activities into primary care practice. To detect situations or crises which make the population vulnerable to a mental disorder.

Target population: All users seen by physicians at Primary Care centres.

Scope: More than 640 health centres nationwide are currently signed up for this programme, providing care to over eight million caregivers. Signing up for this programme is voluntary and may be done to different degrees, ranging from the minimum package to all of the proposed activities.

Description: The program is structured into a minimum package of recommendations for adults and for the child population and a number of sub-programmes including the prevention of mental health disorders. The recommendations are based on reviews of studies of the effectiveness of different interventions and on the recommendations issued by the different national and international institutions working within the preventive field, updated every two years.

The working groups are comprised of public health primary care professionals and incorporate mental health professionals in the mental health sub-programme. These professionals are those who prepare the recommendations and the working documents of the program.

Evaluation: Every two years, an evaluation is made of a sample of clinical records from the centres included.

Institution and centre responsible for the intervention or program: The Spanish Family and Community Medicine Society created the Health Promotion and Preventive Activity Program (PAPPS) in 1998, backed by the Ministry of Health and Consumer Affairs.

Reference Sources:

- Fernández-Alonso MC, Buitrago-Ramírez F, Ciurana-Misol R, Chocrón-Bentata L, García Campaya J, Montçon-Franco C, Tizón-García J, Prevención de los trastornos de salud mental desde atención primaria. *Aten Primaria* 2005; 36 (Supl 2); 85-96.
- Guía de Salud Mental en Atención Primaria. Programa de Actividades Preventivas y Promoción de la Salud. Sociedad Española de Medicina Familiar y Comunitaria. Barcelona, 2001.

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