



## **IMPLEMENTING THE EUROPEAN PACT FOR MENTAL HEALTH AND WELL-BEING**

The European Pact for Mental Health and Well-Being is in its implementation phase. Stakeholders and policy makers are encouraged to take action to promote mental health and well-being and help prevent mental disorders.

### **Five Thematic Conferences**

Between 2009 and 2011 thematic conferences in each of the five priority areas will be hosted by Member States in partnership with the EC and other stakeholders.

### **5 Priority Areas for Action – 5 Thematic Conferences**

<b><u>2009</u></b>	<b><u>2010</u></b>	<b><u>2011</u></b>
<b><i>Mental Health in Youth and Education</i></b> Sept 29-30, Stockholm, Sweden	<b><i>Mental Health of Older People</i></b> Jun 28-29 Madrid, Spain	<b><i>Mental Health in Workplace Settings</i></b> March, Berlin, Germany
<b><i>Prevention of Depression and Suicide</i></b> Dec 10-11, Budapest, Hungary	<b><i>Promoting Social Inclusion and Combating Stigma</i></b> Nov 8-9, Lisbon, Portugal	

- An Implementation Framework and supporting document will be developed by experts for each area.
- Stakeholders are invited to engage in the process by proposing examples of good practice and policies and feeding back on proposed recommendations.

Outcomes will be widely disseminated via newsletters, networks, related events, the mental health pages of the EC website ([http://ec.europa.eu/health/mental\\_health/policy/index\\_en.htm](http://ec.europa.eu/health/mental_health/policy/index_en.htm)) and the Technical Secretariat web page (<http://www.ec-mental-health-process.net>)

### **Background**

On 13 June 2008 the Pact was launched at a High-Level Conference on Mental Health led by Commissioner for Health, Ms Androulla Vassiliou, and Commissioner for Employment, Social Affairs and Equal Opportunities, Mr Vladimír Špidla, in the presence of Commission President Barroso.

### **Thematic Consensus Papers**

Four "Consensus Papers", a set of Policy Briefs and a research paper on Stigma and Social Exclusion were prepared as background to the Conference, which focus on highlighting opportunities for evidence-based action, as demonstrated by research and practice.

**These documents are available online at:**  
<http://www.ec-mental-health-process.net/consensus.html>