



IMPLEMENTING THE EUROPEAN PACT FOR MENTAL HEALTH AND WELL-BEING

The European Pact for Mental Health and Well-Being is in its implementation phase. Stakeholders and policy makers are encouraged to take action to promote mental health and well-being and help prevent mental disorders.

Five Thematic Conferences

In 2009 and 2010 thematic conferences in each of the five priority areas will be hosted by Member States in partnership with the EC and other stakeholders.

5 Priority Areas for Action – 5 Thematic Conferences

2009

***Mental Health
in Youth and Education***
Sept 29-30 Stockholm, Sweden

***Prevention of
Depression and Suicide***
Dec 10-11 Budapest, Hungary

2010

***Mental Health
in Workplace Settings***
Nov 08-09 Berlin, Germany

Mental Health of Older People
Apr 20-22 Madrid, Spain

***Combating Stigma
and Social Exclusion***
2nd Semester, Portugal

- An Implementation Framework will be developed by experts for each area.
- Stakeholders will be invited to engage in the process by gathering examples of action and forming proposed recommendations.

Outcomes will be widely disseminated via mailing lists, networks, related events and the Pact web page: <http://www.ec-mental-health-process.net>

Background

On 13 June 2008 the Pact was launched at a High-Level Conference on Mental Health led by Commissioner for Health, Ms Androulla Vassiliou, and Commissioner for Employment, Social Affairs and Equal Opportunities, Mr Vladimír Špidla, in the presence of Commission President Barroso.

Thematic Consensus Papers

Four "Consensus Papers", a set of Policy Briefs and a research paper on Stigma and Social Exclusion were prepared as background to the Conference.

These documents reflect the way action on mental health can contribute to mutual objectives across sectors and how the implementation of policy objectives can be strengthened. The papers focus on highlighting opportunities for evidence-based action, as demonstrated by research and practice.

These documents are available online at:
http://ec.europa.eu/health/ph_determinants/life_style/mental/index_en.htm