

## **German Alliance against Depression**

The “German Alliance against Depression” (“Deutsches Bündnis gegen Depression e.V.”) emerged in the framework of the “German Research Network on Depression and Suicidality“, a large scaled nation-wide research network initiated and funded by the Federal Ministry of Education and Research. During 2001/ 2002 an intervention programme on four intervention levels has been conducted in the city of Nuremberg, Germany („Nuremberg Alliance Against Depression“), to improve the care for individuals suffering from depressive disorders.

The project led to a decrease in overall suicidality (suicides and suicide attempts) of more than 20 percent. Further German regions showed their interest in conducting comparable action programmes. In 2003, the “German Alliance against Depression“ was founded as a non-profit association creating the preconditions for a national extension of the activities. Meanwhile 14 regions in Germany initiated similar projects under the common roof of the „Alliance Against Depression“, another 30 – 40 other German regions are in an early stage of preparation.

For further information, please refer to <http://www.buendnis-depression.de/>

The project office is supported by [www.eaad.net/enu/munich-ead.php](http://www.eaad.net/enu/munich-ead.php)