



The EU High-level conference on Mental Health in its context

Priority group "Mental health in Youth and Education"
Luxembourg, 27 February 2008

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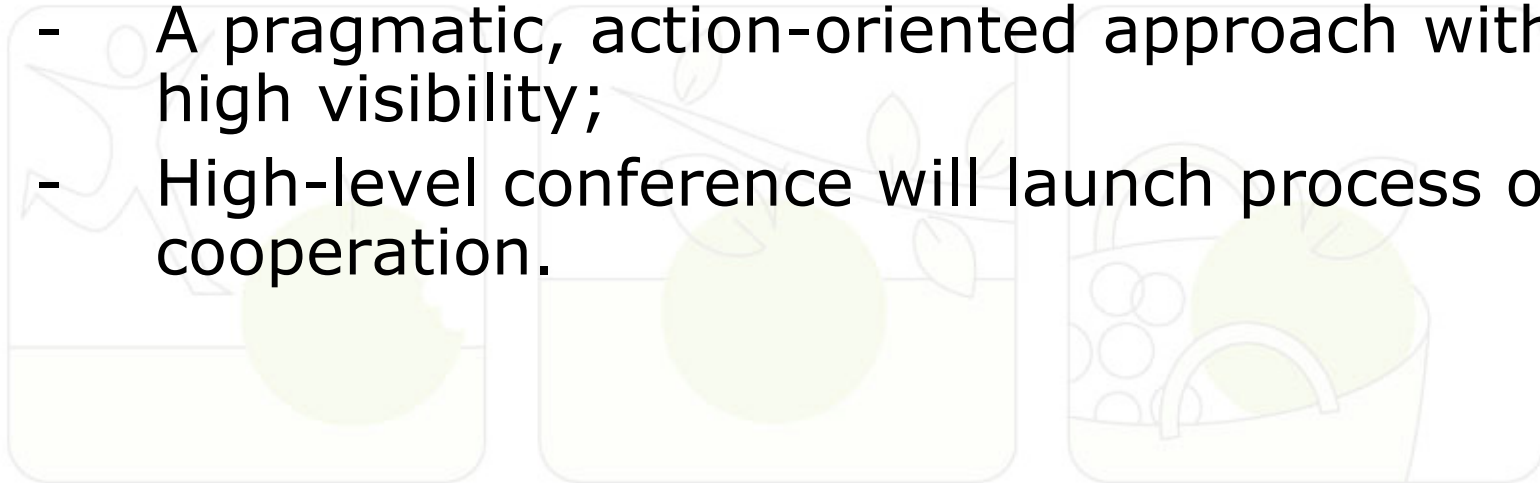
Follow-up to the Green paper

- The *Response* to the Green Paper:
 - Much support for a greater priority for mental health at Community level;
 - Member States' responsibilities to be respected;
 - Community policies to be involved („Health in all policies“);
 - Work to be in line with WHO strategy.

Follow-up to the Green paper

■ The *Follow-up* to the Green Paper:

- A pragmatic, action-oriented approach with high visibility;
- High-level conference will launch process of cooperation.



Objectives

- Improve mental health in the population and tackle challenges of mental disorders through:
 - integrating mental health into Community policies;
 - promoting the exchange between Member States.

- This shall be based on:
 - collecting best practice from across the EU;
 - working across boundaries (MS, stakeholders across sectors, research)

Priorities

1. Prevention of Suicide and Depression
2. Mental Health in Youth and Education
3. Mental Health in Workplace Settings
4. Older People



Horizontal Priorities

1. Promotion of mental well-being
2. (Primary) Prevention of Mental Disorders
3. Support to people experiencing Mental Disorders
4. Improving information and research

Deliverables

- Work process from High level conference through to thematic meetings (2009-2010) shall deliver:
 - EU Action Plan on Preventing Suicide and Depression;
 - Principles and Toolkits for Action (best practices, management tools) at workplaces, for Youth, in Education, and for Older People.



High Level Conference

Invitational conference, Brussels, 13 June 2008

- Central in increasing visibility and promoting engagement;
- President Barroso, Commissioners Kyprianou, Figel, Spidla; European institutions;
- MS Ministers of Health and from other areas;
- Stakeholders (organisations and leaders) including civil society;
- Research experts.

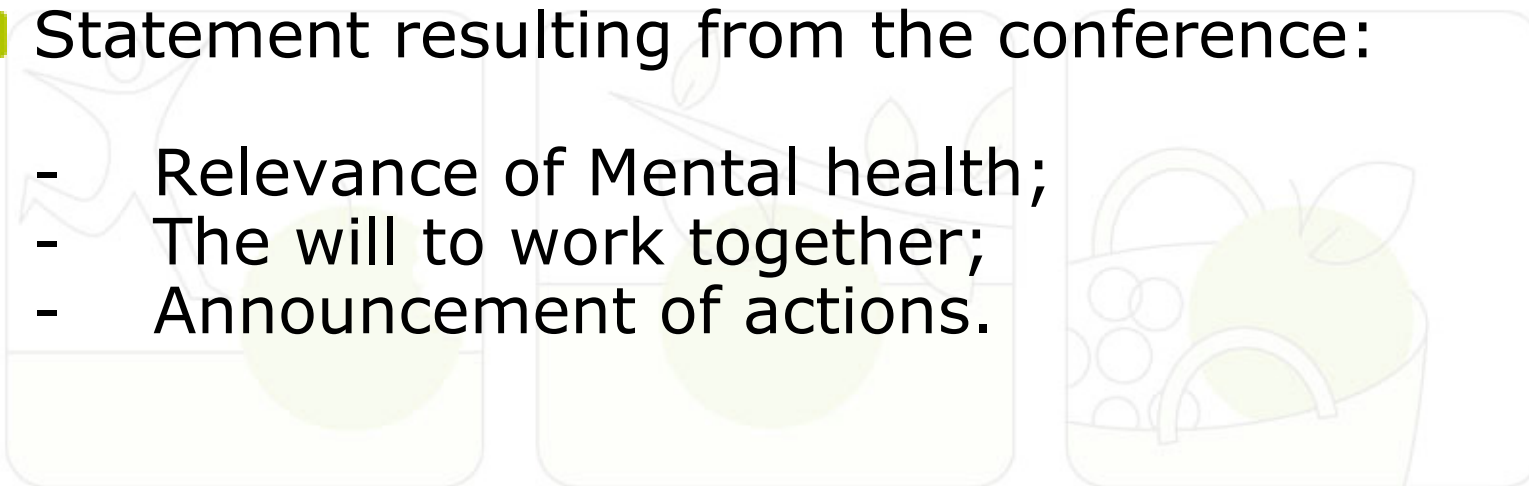
Response

- Increase visibility;
- Build common ownership;
- Present the arguments in favour of the need and the possibility to act.

European Pact for Mental Health

■ Statement resulting from the conference:

- Relevance of Mental health;
- The will to work together;
- Announcement of actions.



Mental Health in Youth and Education

■ Policy *Acquis*

- White Paper Together for Health
- European Youth Pact
- Lisbon objectives 2010 in Education and Training

Mental Health in Youth and Education

■ White Paper Together for Health

- Announces actions on children's and young people's health
- Announces actions on mental health

Mental Health in Youth and Education

■ European Youth Pact

- Employment, integration and social advancement
access to labour market, employment, improving situation of most vulnerable young people, particularly those in poverty, and to initiatives to prevent educational failure
- Education, training and mobility
- Reconciliation of working life and family life

■ Promoting young people's full participation in education, employment and society

Mental Health in Youth and Education

■ Education and Training

Benchmarks 2010

- Reduce share of early school leavers (% of 18-24y/o) to 10% (2006: 15.3%)
- Raise completion of upper secondary education (% of 20-24 y/o) to 85 % (2006: 77.8%)

Key competences for Lifelong Learning

- horizontal: constructive management of feeling
- n° 6: social competence
„understanding of how individuals can ensure optimum physical and mental health“,
„individuals should be capable of coping with stress and frustration and expressing them in a constructive way“

Mental Health in Youth and Education

■ Three key themes

- Improving health in young people
- Promoting social inclusion
- Improving the levels of educational achievement and of acquisition of competences